

# Lafontaine Caddis Sparkle Pupae



**Class:** Emerger

**Originator:** Gary LaFontaine

**Source:** At Most Any Fly Shop

**Or Tie Your Own.**

## Clay's Notes

Gary LaFontaine's book *Caddisflies*, published in 1981, completely revolutionized the ways that anglers understood caddisfly behavior, how trout reacted to it, and how imitations should be tied and fished. LaFontaine, who died of Lou Gehrig's disease in 2002, had spent a decade studying caddisflies, even donning SCUBA gear to observe the underwater lives of these varied insects. One of his most important findings was that many species of caddisfly pupae rise to the water's surface via an air sac that surrounds the abdomen. This "bubble" became the signature feature of the patterns LaFontaine invented to mimic these pupae.

### *LaFontaine's Sparkle Emerger Tying Recipe*

**Hook:** Standard dry-fly hook (here a Tiemco 100), sizes 12-18.  
**Thread:** Black, 6/0.  
**Underbody and shuck:** Golden yellow Antron, carded.  
**Body:** Yellow-brown Antron.  
**Wings:** Natural deer hair, cleaned and stacked.  
**Thorax:** Brown Australian possum dubbing.  
**Note:** Pick out the Antron to create a "bubble" around the body.

For information on Guiding, Classes, Workshops & Technique Clinics, Contact Clay Hash

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