

Fly Fishing Traditions “One-on-One” Single Handed Fly Casting Lessons

On the Lower Yuba River



Fly Fishing Traditions Individual Fly Casting lessons

Fly Fishing Traditions is proud to offer individual “One-on-One” and personal Fly Casting Lessons that will teach you how to cast a fly rod, whether you are just starting or just want to fine tune your fly casting if you are an experienced fly caster.

Individual and personal Fly Casting Lessons can help you to understand the equipment, gear, lines, and how to rig a dry fly rod properly. We will start from the beginning if you are just getting started or we will check you casting stroke and get it fine-tuned. Even very experienced fly casters have sometimes developed bad habits over the years and I can help get them fixed.

These individual and personal fly casting lessons are taught using the principals of the “5 Essentials to a Good Cast” which is the method used by the Federation of Fly Fishers. You will learn the mechanics of how a fly rod loads and un-loads to deliver a fly to the desired target and the bio-mechanics of how your body makes the rod function properly.

A Fly Casting Lesson will get you started on your way to fly fishing or can fine tune your fly casting to give you the confidence, skills and knowledge you need to tackle trout with a fly rod anywhere you roam.

These lessons give you crucial one on one time with an instructor. Me!

These fly casting lessons are for one or two anglers to make sure you get the attention you deserve. Casting instruction in a one on one situation can do wonders for your fly

fishing skills. Each session will be focused on what you want or need to work on. Scheduling a series of 3 lessons could make a big difference. Homework will be assigned for you to practice on your own.

Once again, the lessons are designed for fly casters on any level. There is always more to learn.

Possible Things You Can Learn or Review:

- Learn the “5 Essentials” of a good casting Stroke
- Learn how to form good tight loops
- Learn how to “Stop” the rod to load and unload your rod correctly
- Learn how to make “Presentation” casts
- Learn how to make roll casts, parachute casts, wiggle casts, reach casts
- Learn how to single and double haul your line to create line speed for longer casts

What you need to bring:

- Wading Gear
- Fly Rod, Line and Leader
- Sage Fly Rods and Reels can be provided upon request
- Students must possess a valid California Fishing License and Steelhead Report Card

Fly Fishing Traditions “One-on-One” Fly Casting Lessons Fee Schedule

Fee Schedule

- 1 or 2 people - \$ 100 each for 2-3 hours of instruction
- 1 or 2 people \$ 250 each for a series of 3 – 2 hou-3 hour casting sessions
- 15% Discount offered to Fly Club members

To Sign-Up for the FFT “One-on-One” Fly Casting Lessons

Call: Clay at 530-913-1334 to ask any questions or to reserve a space
-OR-

Email: Clay at clayhash.fft@gmail.com